



THE PLAN GENERATOR

Kiosk | Mobile App | T-Block Wearable

REGISTERED DESIGN No. 492316-001

TPG FITNESS PRIVATE LIMITED

CIN: U86900ME2026PTC475464 GSTIN: 27AANCT2953P1ZH

Registered Office: Taroda BK, Nanded, Maharashtra 431605, India

www.tpgfitness.in

01 INTRODUCTION

What is TPG?

TPG is not a machine that sits in the corner of your gym. It is a connected experience that follows your member from the moment they walk in, through every set they perform, and all the way home to their phone.

Most gym technology stops at attendance. TPG starts there and keeps going. The kiosk recognises the member and greets them by name. The app hands them the exact workout for that day. The screen shows them how each movement is performed. Their reps are counted for them. Their progress is saved, ranked and celebrated. When the session ends, they leave with a photo and a report - and a reason to come back tomorrow.

The three parts of the ecosystem

TPG KIOSK

IN THE GYM

The screen on the floor.
Recognises members, guides workouts, keeps the leaderboard alive.

TPG APP

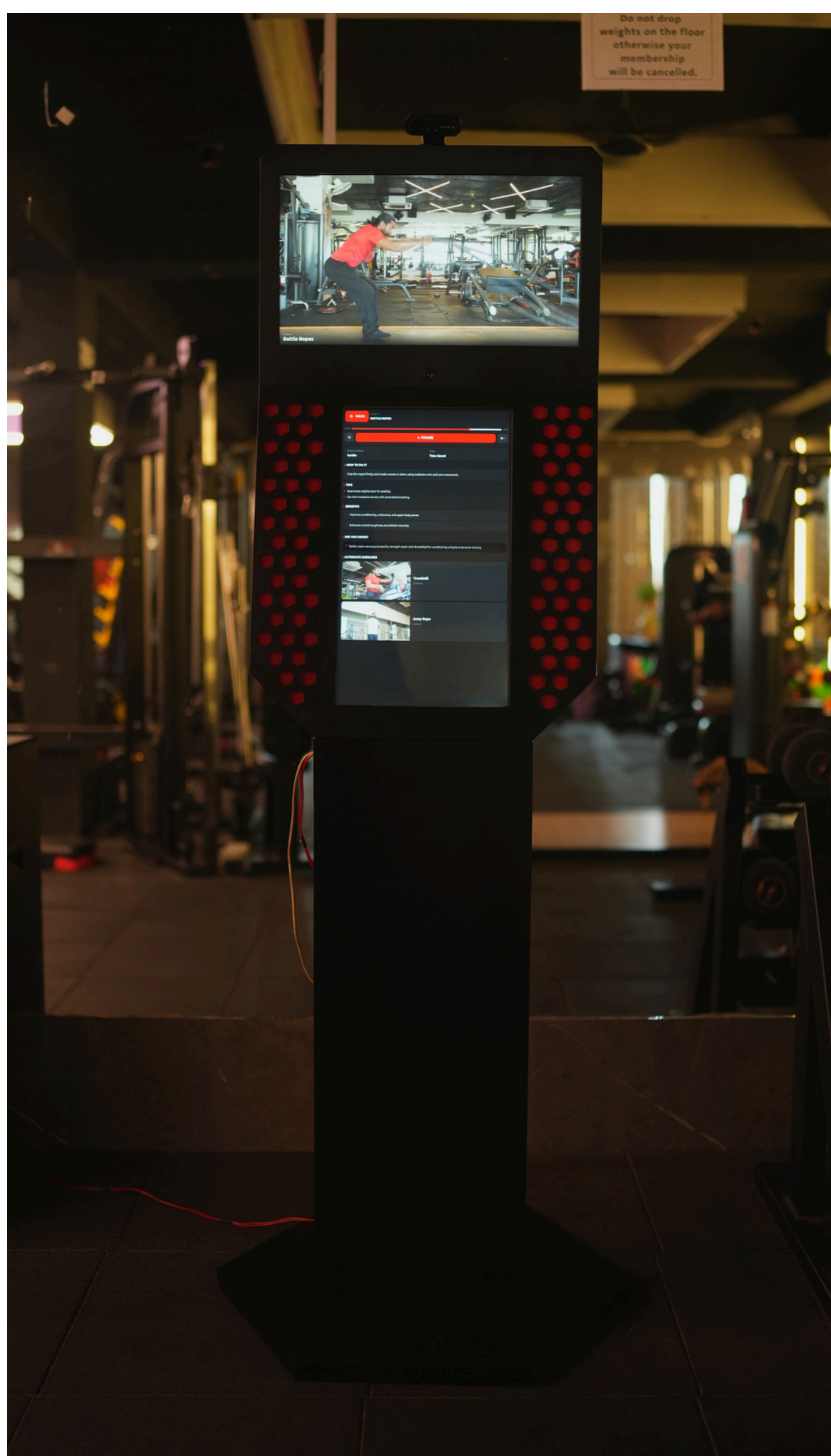
IN THEIR POCKET

The brain of the system. Plans, tracking, coaching, history and community.

T-BLOCK

ON THE EQUIPMENT

A small wearable block that counts reps automatically and talks to the app.



02 THE MEMBER JOURNEY

How TPG works

Five steps. No training required, no cards, no queues.

1

Walk in

The member steps up to the kiosk. The camera recognises their face and their profile appears on screen - no card, no code, no reception desk.

2

First visit only

A new member sees a QR code on the screen. They scan it once with the TPG app and their face is linked to their profile forever.

3

Train

The workout for the day is already waiting in the app. The member sends any exercise to the kiosk screen and watches how it is done, full size, in front of them.

4

Count

Reps are counted automatically - the member does not have to remember sets or numbers. Weights, sets and rest are tracked as they go.

5

Finish

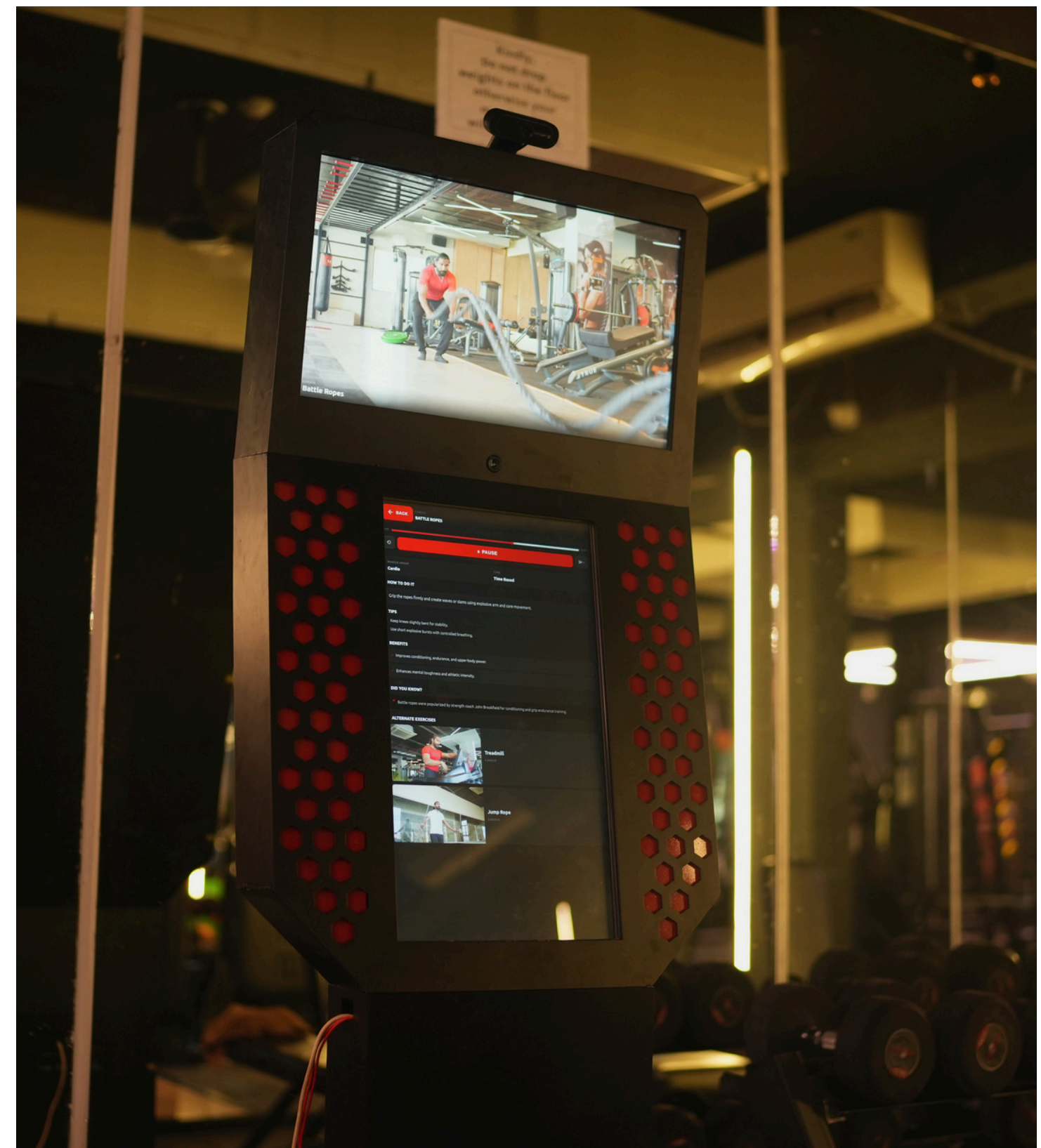
The kiosk takes a post-workout photo from two angles and sends the session report straight to the member's phone. Their name moves on the leaderboard.



03 THE HARDWARE

The TPG Kiosk

Built for a gym floor - steel bodied, powder coated, and designed to survive chalk, sweat and dropped plates. It plugs into an ordinary wall socket and stays on all day.



What the kiosk does

- **Recognises members by face** - no cards to lose, no PINs to forget, no queue at the desk.
- **Two screens** - one for the member in front of it, one facing the floor so the gym always looks alive.
- **Exercise demonstrations on demand** - the member picks a movement in the app and it plays on the big screen.
- **Live leaderboard** when idle - members see where they stand against the rest of the gym.
- **Post-workout photos** from two cameras, delivered to the member's phone.
- **Session report** pushed to the app the moment training ends.
- **Updates itself** - new features arrive automatically, nobody at the gym has to do anything.

REGISTERED DESIGN

The TPG device design is registered with the Patent Office, Government of India - Design No. 492316-001, Class 14-02, dated 24 February 2026, under the Designs Act, 2000.

04 SPECIFICATIONS

Technical details

Standing kiosk (standard unit)

HEIGHT	Approx. 6 ft (1830 mm), freestanding
WEIGHT	70 - 80 kg
BODY MATERIAL	2 mm mild steel, CNC laser cut and welded
FINISH	Industrial powder coat - matte black with red accent
DISPLAYS	Dual screen - member facing and floor facing
CAMERAS	Centre camera (member recognition) + top camera (photos)
POWER	230 V AC, standard wall socket
CONNECTIVITY	Wi-Fi
INSTALLATION	Floor standing, no civil work required
DESIGN REGISTRATION	No. 492316-001, Class 14-02

Wall-mounted version (optional)

FOOTPRINT	3 ft x 2 ft (approx. 915 x 610 mm)
WEIGHT	Approx. 40 kg
POWER DRAW	Approx. 80 W
BODY MATERIAL	2 mm mild steel, powder coated
MOUNTING	Wall hung - suits compact studios and gyms tight on floor space

What you need to provide

A power socket, a Wi-Fi connection and about 3 ft x 3 ft of floor space. That is all. Installation and setup are handled by our team.

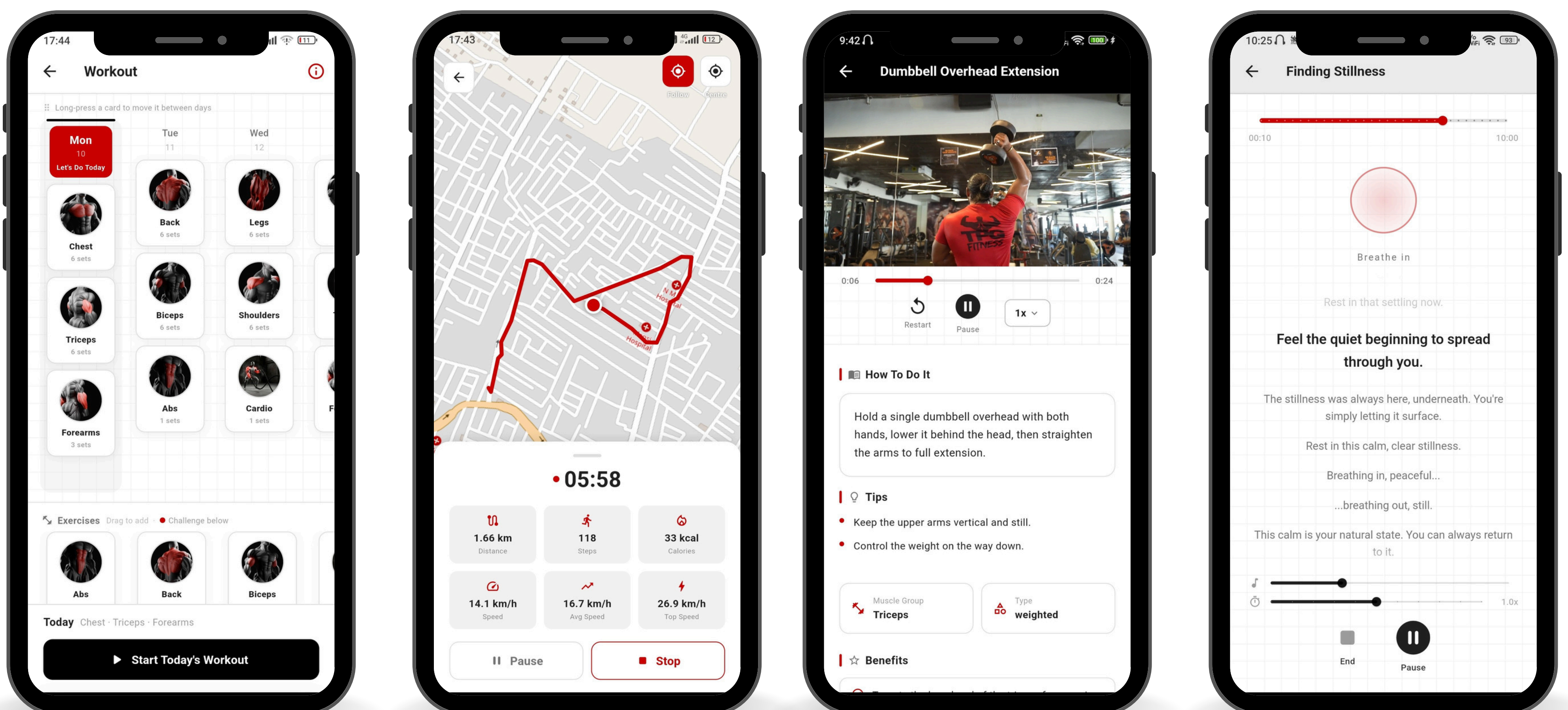
05 THE TPG APP

Where the ecosystem lives

The kiosk is what members see. The app is what keeps them. It goes home with them, travels with them, and holds every workout they have ever done. This is the difference between a gadget in the gym and a gym that lives in your members' pockets.

Inside the app

- **Personal workout plans** built around the member's body, goal and experience - not a generic printout.
- **AI coach** that answers questions about form, substitutions, diet and progression, any time of day.
- **Automatic rep counting** so members train instead of counting.
- **Muscle heatmaps and progress charts** showing exactly what has been trained and what is being neglected.
- **Run tracking** for cardio done outside the gym.
- **Guided meditation** and recovery sessions.
- **Women's health features**, including cycle-aware training guidance.
- **Community and chat** - members talk to each other and to their trainers.
- **Gym leaderboard** shared with the kiosk screen, so competition never stops.
- **Full history** - every session, every weight, every photo, kept permanently.



06 WORKING TOGETHER

How the app and TPG talk

The phone is the remote control. The kiosk is the screen. Neither works as well alone, and together they remove almost every reason a member gets confused, bored or lost on the gym floor.

The app knows the plan + The kiosk shows it

The member never has to type a workout into a machine. Their plan is already in their hand and appears on the screen when they want it.

The app is the remote + The kiosk is the display

Tap an exercise on the phone and the demonstration plays on the big screen. No searching videos, no guesswork about form.

The kiosk recognises the face + The app owns the profile

One scan on the first visit links the two for good. From then on the member simply walks up and it works.

The kiosk captures the moment + The app keeps it

Post-workout photos and the full session report arrive on the phone before the member reaches the door.

The kiosk shows the ranking + The app drives it

Every session logged in the app moves the member up or down the leaderboard on the gym floor.

07 THE WEARABLE

T-Block

A small block that clips to the bar, the dumbbell or the member's wrist. One button. That is the entire user manual.



What it does

- Counts every rep automatically, on any exercise.
- Announces the exercise, weight, set and rest out loud.
- Vibrates at the start, at the halfway point and at the end of a set.
- Sends everything to the app instantly - nothing to write down.
- Works for months on a single charge.

Why it matters to your members

Counting is the most annoying part of training and the first thing people get wrong. With T-Block the member presses one button and trains. The numbers take care of themselves, the app builds an honest history, and progress becomes something they can actually see instead of something they think they remember.

OPTIONAL ADD-ON

T-Block is sold separately and is not required for the kiosk to work.



08 THE BUSINESS CASE

Why TPG, and not just a kiosk

A kiosk on its own becomes furniture within a month. TPG does not, because the value keeps moving between the gym floor and the member's phone.

For the gym owner

- **Members stay longer.** People who can see their progress renew. People who cannot, quietly disappear.
- **Fewer beginners lost in the first month.** Every new member gets a plan and a demonstration instead of standing around watching others.
- **Less load on your trainers.** Routine questions - what do I do today, how is this done, how many sets - are answered before they are asked.
- **You know who is actually training.** Attendance and activity are visible, not guessed.
- **A gym that looks modern.** The leaderboard screen is the first thing a walk-in prospect sees.
- **Nothing for your staff to run.** The system updates and maintains itself.

For the member

- **Never walk in without a plan again.**
- **Never wonder if the form is right** - it is on the screen in front of them.
- **Never lose a number** - reps, weights and history are recorded automatically.
- **A reason to compete** - the leaderboard turns a solo workout into a shared one.
- **Something to take home** - photos, reports and a coach in their pocket.

09 ORDERING

What you get

INCLUDED	TPG Kiosk unit (standing or wall-mount)
INCLUDED	Delivery, installation and on-site setup
INCLUDED	Gym profile setup and leaderboard configuration
INCLUDED	Staff walkthrough and onboarding session
INCLUDED	Automatic software updates
INCLUDED	TPG app access for your members
OPTIONAL	T-Block wearables for members (sold separately)
OPTIONAL	Additional branding on the kiosk body

TPG KIOSK - PRICE

Rs. 1,00,000/-

Taxes as applicable

T_Block - PRICE

Rs. 2,500/-

Taxes as applicable

TPG APP - PRICE

Free for all TPG users

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Specifications are indicative and may change as the product improves.